

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Am Snack	Apples Milk/water	Melon Milk/water	Pear Milk/water	Banana Milk/water	Bread sticks & Dip Milk/water
Lunch	Meatballs in a tomato sauce with spaghetti	Pork sausages with creamed potato, green beans & carrots	Fresh salmon fishcakes with courgettes & sweetcorn	Shepherd's pie & broccoli	Slow roasted lamb with roast potatoes & seasonal vegetables
Vegetarian option	Quorn meatballs in a tomato sauce with spaghetti	Vegetarian sausages with creamed potato, green beans & carrots	Fresh salmon fishcakes with courgettes & sweetcorn	Cheese and Potato Pie with sweet corn	Quorn fillets with new potatoes & seasonal vegetables
Babies lunch (puree, mashed or chopped)	Meatballs in a tomato sauce with spaghetti	Pork sausages with creamed potato, green beans & carrots	Fresh salmon fishcakes with courgettes & Sweetcorn	Shepherd's pie & broccoli	Slow roasted lamb with new potatoes & seasonal vegetables
Dessert	Fruit Jelly	Rhubarb crumble and custard	Rice pudding and Raspberry Jam	Cheese cake and crème fraiche	Yoghurt
PM Snack	Grapes Milk/water	Homemade Biscuits Milk/water	Scones Milk/water	Satsumas (mango for Starfish) Milk/water	Raisins (Banana for starfish) Milk/water
Tea	Crackers with cheese spread, Cucumber & tomatoes	Vegetable soup & French bread	Egg or cheese rolls Carrot & cherry tomatoes	Traditional beans on toast (Alternative Golden scrambled egg)	Ploughman's (Ham, cheese, French stick, carrot & cucumber sticks with pickle)
Babies Tea	Cheese fingers Cucumber & tomato	Vegetable soup & French bread	Egg or cheese rolls Carrot & cherry tomatoes	Traditional beans on toast (Alternative Golden scrambled egg)	Ploughman's (Ham, cheese, French stick, carrot & cucumber sticks with pickle)

Alternatives for dietary requirements are always provided

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Am Snack	Grapes Milk/water	Apple Milk/water	Raisins (Mango for starfish) Milk/water	Vegetable dippers Milk/water	Pear Milk/water
Lunch	Homemade chicken curry with rice & peas	Lamb mince with creamed potato, broccoli & cauliflower	Chicken pasta bake with peas & sweet corn	Turkey hotpot, new potatoes & seasonal vegetables	Freshly baked fish pie & carrots
Vegetarian option	Vegetable curry with rice & peas	Soya mince & lentils in vegetable gravy with creamed potato, broccoli & cauliflower	Vegetable pasta bake with peas & sweet corn	Quorn fillet, new potatoes & seasonal vegetables	Vegetable crumble & carrots
Babies lunch (puree, mashed or chopped)	Homemade chicken curry with rice & peas	Lamb mince with creamed potato, broccoli & cauliflower	Chicken pasta bake with peas and sweet corn	Turkey hotpot, new potatoes & seasonal vegetables	Freshly baked fish pie & carrots
Dessert	Banana	Chocolate sponge and chocolate sauce	Honey dew melon and wild berries	Apple pie and custard	Ice-cream and wafers (Mango for starfish)
PM Snack	Butterwhirls Milk/water	Jam tarts Milk/water	Oranges (pear for starfish) Milk/water	Fairy cakes Milk/water	Bananas Milk/water
Tea	Tortilla wraps filled with ham, cheese & salad	Potato wedges & dip selection	Cheese spread or Marmite on Toast Carrot & cucumber	Jacket potatoes with cheese & beans	Egg & cress sandwiches with cucumber & tomato wedges
Babies Tea	Tortilla wraps filled with ham, cheese & salad	Potato wedges & cream cheese	Cheese spread or Marmite on Toast Carrot & cucumber	Jacket potatoes with cheese & beans	Egg & cress sandwiches with cucumber & tomato wedges

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Am Snack	Pear Milk/water	Apples Milk/water	Raisins (Mango for babies) Milk/water	Grapes Milk/water	Honeydew melon Milk/water
Lunch	Chilli-con-carne with rice & peas	Lamb & lentil stew with creamed potato, carrots & cauliflower	Homemade spaghetti bolognese with vegetables	Roast turkey with roast potatoes & seasonal vegetables	Fresh salmon fishcakes with sweetcorn & broccoli
Vegetarian option	Vegetable chill with rice & peas	Vegetable & lentil stew with creamed potato, carrots & cauliflower	Quorn spaghetti bolognese with vegetables	Quorn fillet with roast potatoes & seasonal vegetables	Fresh salmon fishcakes with sweetcorn & broccoli
Babies lunch (puree, mashed or chopped)	Chilli-con-carne with rice & peas	Lamb & lentil stew with creamed potato, carrots & cauliflower	Homemade spaghetti bolognese with vegetables	Roast turkey with roast potatoes & seasonal vegetables	Fresh salmon fishcakes with sweetcorn & broccoli
Dessert	Honeydew melon	Jam sponge and custard	Yoghurts	Semolina	Banana custard
PM Snack	Breadsticks	Bananas	Butterfly cakes	Crackers and cheese (cheese fingers for babies)	Pears
Tea	Crumpets with butter & pears	Spaghetti hoops on toast	Marmite squares, tomatoes and celery	Mini pizza with cucumber & carrot	Cheese quiche & beans
Babies Tea	Crumpets with butter & pears	Spaghetti hoops on toast	Marmite squares, tomatoes and celery	Mini pizza with cucumber & carrot	Cheese quiche & beans

Alternatives for dietary requirements are always provided

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Am Snack	Apple Milk/water	Grapes Milk/water	Melon Milk/water	Veggie Dippers Milk/water	Banana Milk/water
Lunch	Jacket potato with tasty vegetable chilli	Chicken hotpot with new potatoes & seasonal vegetables	Cowboy pie!! (Sausage, mashed potato & beans)	Homemade lasagne & green beans	Fish & vegetable curry & rice
Vegetarian option	Jacket potato with vegetable chilli	Yummy vegetable hotpot with new potatoes & seasonal vegetables	Cowboy pie!! (Vegetarian sausages, mashed potato & beans)	Soya mince lasagne & green beans	Fish & vegetable curry & rice
Babies lunch (puree, mashed or chopped)	Tasty vegetable chilli with creamed potato	Chicken with potato & seasonal vegetables	Cowboy pie!! (Sausage, mashed potato & beans)	Homemade lasagne & green beans	Fish & vegetable curry & rice
Dessert	Ice-cream (Fromage frais for starfish)	Peach crumble and custard	Fruit flan and crème fraiche	Fruit salad and natural Yoghurt	Apple pie and custard
PM Snack	Bread sticks Milk/water	Cheese fingers Milk/water	Pears Milk/water	Satsumas (mango for starfish) Milk/water	Apricot Flapjack Milk/water
Tea	Mini sausages & beans with toast	Cheese ploughman's (French bread, cheese, carrots, cucumber & pickle)	Ham rolls with tomato & carrot wedges	Carrot & sweet potato soup with french bread	Muffins with jam or marmite & apples
Babies Tea	Mini sausages & beans with toast	Cheese ploughman's (French bread, cheese, carrots, cucumber & pickle)	Ham rolls with tomato & carrot wedges	Carrot & sweet potato soup with French bread	Muffins with jam or marmite & apples

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